

## Client Health History: Electrolysis Health History Intake



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home/Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_  
Email: \_\_\_\_\_ Preferred Contact: Cell \_\_\_\_\_ Work \_\_\_\_\_ Email \_\_\_\_\_  
Emergency contact name: \_\_\_\_\_ Phone \_\_\_\_\_  
Relationship to you: \_\_\_\_\_

**SKIN TYPE:** Review the skin types below, using the Fitzpatrick Scale, and check the one that best describes your skin. This information will be used by your technician to determine the most appropriate way to approach your treatment(s):

- I. Very fair skin; blonde or red hair; light-colored eyes; freckles common
- II. Fair skinned; light hair, light eyes
- III. Very common skin type; fair; eye and hair color vary
- IV. Mediterranean Caucasian skin; medium to heavy pigmentation
- V. Mideastern skin; rarely sun sensitive
- VI. Black skin; rarely sun sensitive

Are you of Asian heritage (Class V) and/or have a history of keloid scarring?  Yes  No

### Please list the products you use regularly:

Facial Cleanser _____	Moisturizer _____
Toner _____	Serum _____
Scrubs _____	Sunscreen _____
Retinol _____	Glycolic Acid _____
Enzymes _____	Peptides or Growth Factors _____

### Cosmetic History

How would you describe your skin? Normal \_\_\_ Combination \_\_\_ Oily \_\_\_ Dry \_\_\_

When were you last exposed to the sun (including tanning beds)? \_\_\_\_\_

Do you use sunless tanning products? Yes \_\_\_ No \_\_\_ If yes, when was it last applied? \_\_\_\_\_

Do you have hyperpigmentation (darkening of the skin) or hypopigmentation (lightening of the skin) or marks after physical trauma? Yes \_\_\_ No \_\_\_ If yes, please describe \_\_\_\_\_

Have you had electrolysis treatments in the past? Yes \_\_\_ No \_\_\_ If yes, when were you last treated, what area was treated, and for how long were you receiving treatments? \_\_\_\_\_

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**Client Health History: Electrolysis Health History Intake continued**

Are you currently using or have you used in the past year any of the following?

Acyclovir  Hydroquinone  Tretinoin (Retinoic Acid)  Adapalene (Differin)  Isotretinoin (Accutane)

If yes, when? \_\_\_\_\_

Are you using any topical creams, lotions, or oral antibiotics for acne, cancer, antiaging or hyperpigmentation?

Please List: \_\_\_\_\_

Have you ever had any of the following injectables or implants?

Botox                      Radiesse                      Perlane                      Collagen                      Dysport

Juvederm                      Restylane                      Silicone                      Sculptra

Other: \_\_\_\_\_

If yes, when? \_\_\_\_\_ What body area(s)? \_\_\_\_\_

Have you had any surgeries/cosmetic procedures, piercings, metal implants, tattoos, or use of a pacemaker within the past year? Yes  No  If yes, when? \_\_\_\_\_

Have you used any of the following hair removal methods in the past six weeks?

Shaving  Waxing  Tweezing  Threading  Depilatories

**Health History**

Do you smoke or use any tobacco products? Yes  No

Have you been treated for cancer or received chemotherapy treatments in the last year? Yes  No

Do you have any allergies to medications, food, latex, topical products, and/or other substances? \_\_\_\_\_

Do you have any of the following conditions?

Acne or dermatitis  Rosacea  Hormone imbalance and/or endocrine disorder

Pregnant or breastfeeding  Autoimmune disease  Herpes Simplex (cold sores)

Diabetes  High blood pressure  Hepatitis or blood clotting disorders

Do you have any other health condition not mentioned here? Yes  No  If yes, please list \_\_\_\_\_

Are you currently on birth control? Yes  No  If yes, please describe \_\_\_\_\_

Have you consumed drugs or alcohol in the last 24 hours? Yes  No

Please list all vitamins and supplements including herbal remedies you take regularly \_\_\_\_\_

Please list all current medications including aspirin, ibuprofen, blood thinners, etc. you take regularly \_\_\_\_\_

Is there anything else you would like us to know? \_\_\_\_\_

Continued ⇨

**Client Health History: Electrolysis Health History Intake continued**

I certify that the preceding medical, personal and skin history statements are true and correct. I am aware that it is my responsibility to inform the esthetician of my current medical or health conditions and to update this history. A current medical history is essential to execute appropriate treatment procedures.

Client Name (Printed) \_\_\_\_\_

Client Name (Signature) \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician/Technician: \_\_\_\_\_ Date: \_\_\_\_\_